

Attracting Abundance through Service

Any time that you're in the role of service and focused on someone else, your personal problems fade. There is always someone less fortunate no matter what your circumstance. You only have to turn on your television or go online to see the poverty, war, and health catastrophes all around us. In feng shui, the circle of prosperity works in a continuous momentum of paying kindness forward. For every selfless act that you do without expectation of a reciprocal reward, you are creating space at the other end of the continuum for prosperity to enter. We've all heard the phrase "what goes around, comes around." It applies to both positive and negative actions or situations, yet we've come to think of this saying solely in terms of negative events or experiences.

There is always a way to find space in your day to donate your time, talent, or money in service to others who haven't been blessed the way you have. You can sprinkle random acts of kindness to friends, acquaintances, or even strangers to improve the quality of their lives without seeking praise for yourself. Donate your time to an organization or church with a cause or need that brings comfort or healing to others. Tithe 10 percent of your earnings to help those less fortunate or gift away your frequent-flier miles that are about to expire to a family in need. Serving others balances out your own self-importance and gives impetus to the circle of prosperity. If you always give, you'll always have.

I recently had website problems and needed to find a qualified technician to come to my home. MacBook is my computer of choice, and Sarasota, Florida seems to have a scarcity of Mac specialists. After two different technicians came to my home and I had written several hundred dollars worth of checks, the technical issues with my website were still not resolved. I sat down and asked the abundant Universe that I be aligned with a computer specialist who would solve my website issues and still leave some money in the bank! Simultaneously, I simply let go of my frustration, temporarily called off the active search, and went off to take care of some important personal business.

Recently a friend of mine was diagnosed with cancer, and as a Reiki Master, I've been donating my time to perform Reiki on her on a regular basis. During my many visits, I'd gradually become acquainted with her husband, and through conversation, I realized he was a computer-programming

specialist who had an impressive list of corporate clients vying for his specialized services. I shared the story of my website woes, and he offered to come over to my house and fix the problem. He knew exactly what to do, and in one day, my website issue was solved.

Just by asking the Universe for help, letting go of nervous energy, and being in the act of serving others, the resolution to my dilemma was perfectly supported.

to put in the meter for my particular errand, I deposit the maximum amount allowed. This compensates for the time I need for the task and pays it forward to assist the next person.

When I travel from Sarasota to Tampa, I cross over the Skyway Bridge located in Tampa Bay. The toll is one dollar per car. I always pay for myself and the car behind me, instructing the toll operator to let the driver know his toll has been paid and to



This is a textbook example of attracting abundance through service. In normal circumstances, I may have never been connected to my friend's husband. Being blessed with his help and expertise was the organic outcome of my dedication to helping a friend in need.

I am always conscious of ways I can keep the circle of prosperity moving with positive momentum every day. If I'm out shopping and have to use a parking meter, instead of looking for the least amount of change

"have a nice day." This immediately makes three people's day. The toll operator enjoys sharing this random act of kindness; the driver is most likely stunned, yet pleasantly surprised; and I giggle with joy! Each of us might then share the account with others throughout the day, and that, in turn, may inspire others to do something similar.

I don't expect to have my toll paid for one day when I go over the bridge, although that would be an unexpected surprise. However, when certain things

happen, such as receiving a much lower bill than was applicable for a particular service rendered, I immediately recognize that something as simple as my continuous donations of change and toll fees have been paid forward at a time when I needed it more.

There are ways to serve others that don't require donating your time, talent, or money. Simply listening intently, compassionately, and without judgment to an acquaintance, to a friend or mate's conversation is an unselfish approach to serving others. Refraining from spreading gossip about others or eavesdropping on conversations is a noble form of service. Making a point of not offering an opinion during a conversation unless asked is practicing living in harmony with your environment.

In 2007, former President Bill Clinton, while appearing on Oprah's television show, was asked what he would prefer to be called if his wife, Hillary Rodham Clinton, became President. President Clinton didn't hesitate, "I don't care what I'm called; I just care what I'm called to do." He has devoted much of his post-presidency to raising funds worldwide to help those in need and in doing so has created a legacy quite beyond his political career.

Protecting our natural earth environment for future generations will surely become one of our greatest acts of service. If nothing else, our expanding awareness of pollution and global warming should inspire us to take responsibility for slowing down and even reversing some of the damage caused by our human ignorance and thoughtlessness. Each day, every one of us can take a small step to learn to live in a sustainable way.

A few statistics from the website www.changingthepresent.org

may help you become more aware of how you can make a positive contribution to a healthy environment on a daily basis:

If everyone in the world consumed like the average U.S. citizen, we would need at least four more planet Earths.

The energy saved by recycling one aluminum can will operate a television set for three hours.

One 70th of a teaspoon of mercury can contaminate 20 acres of a lake, making the environment for the fish unfit to eat.

We are consuming the earth's resources 20 percent faster than they can be sustained.

Every 20 minutes, the world adds another 3,500 human lives but loses one or more entire species of animal or plant life – at least 27,000 species per year.

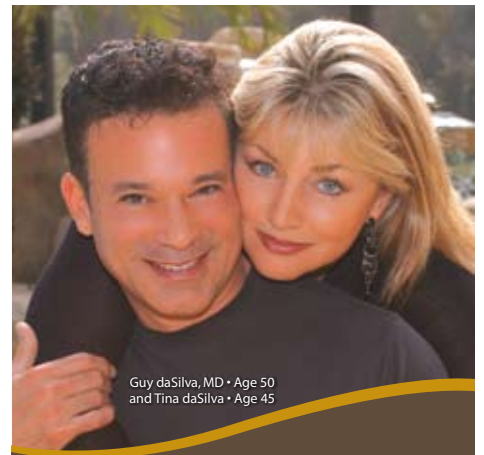
One third of the earth's soil is now unfit for growing food, due to deforestation, waste disposal, and overuse of fertilizers.

Thirty percent of pesticides sold in developing countries do not meet international health and environmental standards.

Every ton of recycled paper saves 380 gallons of oil.

Serving your environment with conscious appreciation and care can attract abundance in ways you haven't imagined!

Cheryl Grace is a professional feng shui expert and nationally certified interior refiner. For a consultation for your home or business or to contact Cheryl, email ggredecorating@yahoo.com or call 941-400-3816. Visit www.ggredecorating.com to shop for feng shui gifts or to view a list of seminars taught by Cheryl.



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With a background in Internal Medicine, Pathology and Hematology, Guy daSilva MD is among an elite number of physicians that are fully Board Certified by the Academy of Antiaging and Regenerative Medicine and is Fellowship trained in Antiaging and Functional Medicine. There is no higher accreditation that a physician can receive in this field.

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